



Freedom a la Cart empowers survivors of sex trafficking and exploitation to build lives of freedom and self-sufficiency.

## BREAKFAST

### Mini Quiches | \$26

serves 6; Bacon Scallion & Cheddar, Ham Apple & Cheddar or Ratatouille [v]

### Chill Breakfast Sandwich | \$40

serves 8; candied bacon, eggs, Vermont cheddar cheese, arugula, lemon aioli, habanero jam served on a baguette (served chilled)

### Ham & Brie Breakfast Sandwich | \$40

serves 8; hand-carved ham, brie, roasted garlic aioli & honey dijonnaise served on a baguette

### Lox Board

\$85 (serves 10-12) | \$160 (serves 20-25); smoked salmon, fresh tomatoes, cucumbers, radishes, candied bacon, capers, and housemade herbed cream cheese spread served with mini bagels

### Assorted Pastry Platter | \$48

serves 12

### Peanut Butter Granola Bars | \$36

serves 12; gluten friendly

### Banana Bread | \$24

serves 8; nut free

### Zucchini Bread | \$24

serves 8; nut free

### Rosemary Olive Oil Cake | \$24

serves 8; with hints of orange

### Fresh Fruit Salad

\$50 (serves 10-12) | \$95 (serves 20-25)

seasonal assortment of fresh, colorful fruits and berries

### Yo-Fruit Parfait | \$5.00

greek yogurt mixed with housemade granola, jam and fruit

### Overnight Oats | \$5.00

Almond milk-soaked oats & chia seeds topped with golden chai raisins, toasted almonds, and coconut shavings

### Bacon, Scallion & Parm Scone | \$45

serves 12

### Seasonal Scone | \$45

serves 12; currently Strawberry Poppyseed & Chocolate Cherry

### Seasonal Muffin | \$45

serves 12; currently Blueberry Peach Cobbler & Nutella Pecan



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## SIGNATURE BOXED LUNCHES

sandwiches include chef's seasonal side salad, sweet treat and salty snack; salads include a sweet treat

### **Turkey Tango | \$15**

hand-carved turkey, chimichurri, roasted red pepper sauce, roasted garlic aioli & arugula

### **Turkey & Swiss | \$15**

hand-carved turkey, swiss, honey dijonaise, roasted garlic aioli & arugula

### **Ham & Provolone | \$15**

hand-carved ham, provolone, honey dijonaise, roasted garlic aioli & arugula

### **Harvest Chicken Salad Sandwich | \$14**

housemade chicken salad prepared with locally-sourced Ohio roasted chicken, chimichurri, toasted pecans, dried cranberries, crisp apple & arugula

### **Caprese Chicken | \$15**

locally-sourced Ohio roasted chicken, roasted red tomatoes, provolone, arugula, pesto aioli, balsamic & olive oil

### **Hummus Vegetable Wrap [v] | \$15**

roasted tandoori cauliflower, shredded carrots, arugula, housemade citrus hummus, chimichurri lemon vinaigrette, spinach tortilla

### **Chicken Bacon Caesar Wrap | \$15.50**

locally-sourced Ohio roasted chicken, bacon, provolone, romaine lettuce, spinach tortilla & Caesar dressing

### **Caesar Salad | \$13**

crisp romaine hearts, shaved parmesan, grape tomatoes, housemade brioche croutons & Caesar dressing

### **Quinoa Tabouli Salad | \$15.50**

red quinoa tabouli, romaine, radishes, fresh tomatoes, feta, toasted almonds, w/ housemade lemon vinaigrette

### **Life Salad | \$15**

local Ohio mixed greens, shredded carrots, dried berries, blue cheese, green onion, toasted rosemary pecans, herb-mustard vinaigrette

+ chicken to any salad | \$2.5

+ gluten free & vegan upon request

## PLATTERED LUNCHES

served with platter identifiers + serving disposables; plates and cutlery not included (+\$1.25/set)

### **Small Lunch Package | \$180**

serves 10-12; includes:

- 8 sandwiches cut into halves (16)
- seasonal side salad, Life Salad (+\$30), or Caesar Salad (+\$20)
- kettle chips or bagged chips (\$8)
- 'Traditional' Cookie Platter or Sweet Tooth Platter

### **Large Lunch Package | \$320**

serves 20-25; includes:

- 15 sandwiches cut into halves (30)
- seasonal side salad, Life Salad (+\$60), or Caesar Salad (+\$40)
- kettle chips or bagged chips (+\$16)
- 'Traditional' Cookie Platter and/or Sweet Tooth Platter



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## HORS D'OEUVRES

[serves 10-12 / serves 20-25]

### **Charcuterie Board | [\$100/\$200]**

includes local and international cheeses, dried meats, dried fruit, accompaniments and grains

### **Seasonal Fruit Display with Yogurt Dip | [\$95/\$180]**

includes a variety of fresh fruits with housemade yogurt dip

### **Seasonal Grilled & Fresh Vegetables with Hummus | [\$95/\$180]**

includes both grilled and fresh vegetables with housemade citrus hummus

### **Mediterranean Board | [\$75/\$140]**

whipped chili honey ricotta spread, tomato & mozzarella mixture, housemade basil pesto, roasted tomatoes & artichokes, prosciutto and greek olives served with toasted rosemary pita and crostini

## SWEETS | sold by the dozen

**Chocolate Cherry Pecan Brownies | \$34**

**Sicilian Almond Cookies [gf] | \$24**

**Coconut Macaroons | \$20**

**Chocolate Chip Cookies | \$27**

**Oatmeal Butterscotch Cookies | \$27**

**'Traditional' Cookie Platter | \$30**

includes our chocolate chip & oatmeal butterscotch cookies

**Sweet Tooth Platter | \$28**

includes our coconut macaroons, Sicilian almond cookies & chocolate cherry pecan brownies

## DRINKS

**Coffee / Decaf | \$30 ; serves 12**

**Cold Brew | \$36 ; serves 12**

**Hot Tea | \$30 ; serves 12**

**Iced Tea | \$26 ; serves 12**

**Ginger Lemonade | \$26 ; serves 12**

**Bottled Water | \$1.50 ea**

**Canned Soda | \$2.50 ea**

**Orange Juice | \$ 2.50 ea**