



# FREEDOM

A LA CART

*a fresh start!*

Freedom a la Cart is a unique approach to catering, delivering our customers fresh, made-from-scratch cuisine. By deliciously combining supportive services with paid workforce training for local survivors of human trafficking, we offer a tasty way to make your meal more meaningful.

## BREAKFAST MENU

Sold in increments of 8 | \$10/person  
includes one main + one side

CHOOSE ONE MAIN — [all gf]

**Spinach, Bacon and Onion Frittata**  
**Ham, Apple and Cheddar Frittata**  
**Ratatouille Frittata** [v]

CHOOSE ONE SIDE — [all gf]

**Seasonal Fresh Fruit**  
**Roasted Herb Fingerling Potatoes**  
**Applewood Smoked Bacon**

additional sides \$3.25/person

A LA CART —

**Yo-Fruit Parfait** — minimum of 10 |  
Small \$3.50/person | Large \$5.50/person  
greek yogurt mixed with housemade granola and  
fresh fruit

**Fresh Fruit Salad** — [v/gf] | \$3.25/person  
seasonal assortment of fresh, colorful fruits, and  
berries

**Banana Bread** — [nut free] serves 8 | \$14

**Morning Glory Muffins** — serves 12 | \$25

**Seasonal Loaf** — serves 8 | \$17

**Seasonal Muffin** — serves 12 | \$30

**Seasonal Scone** — serves 12 | \$35

**Assorted Pastry** — serves 12 | \$30

**Peanut Butter Granola Bar** — [gf]  
serves 12 | \$24

## SIGNATURE BOX LUNCHES

sandwiches include chef's seasonal side, salty snack, sweet treat

### TURKEY TANGO

Hand-carved turkey breast, chimichurri sauce, roasted red pepper sauce,  
roasted garlic aioli, crisp lettuce | \$11/person

### TURKEY & SWISS

Hand-carved turkey breast, swiss, romaine lettuce, roasted garlic aioli  
and honey dijonaise | \$11/person

### HAM & PROVOLONE

Hand-carved ham, provolone, romaine lettuce, roasted garlic aioli and  
honey dijonaise | \$11/person

### HAMLET

Hand-carved ham, salami, provolone, artichoke pate, housemade  
olive tapenade, roasted garlic aioli | \$11/person

### HARVEST CHICKEN SALAD SANDWICH

Housemade chicken salad prepared with locally-sourced Ohio roasted  
chicken, toasted pecans, dried cranberries, crisp apple | \$11/person

### MONTE CRISTO

Hand-carved turkey breast and ham, strawberry jam, swiss, honey  
dijonaise, arugula | \$11/person

### LADY BIRD

Locally-source Ohio roasted chicken, housemade pickles and onions,  
garlic and herb cheese spread, olive tapenade, spinach | \$12/person

### HUMMUS VEGETABLE WRAP

 [v]

Red pepper tortilla, housemade hummus, roasted red and yellow  
peppers & tomatoes, artichoke pate, grilled eggplant, arugula | \$11/person

### CHICKEN BACON CAESAR WRAP

Locally-sourced Ohio baked chicken, bacon, provolone, romaine,  
spinach tortilla, Caesar dressing | \$12/person

### SUMMER SALAD

Spinach, green onions, feta, strawberries, housemade almond croquant  
housemade balsamic vinaigrette | \$11/person

### LIFE SALAD

Local Ohio mixed greens, shredded carrots, seasonal or dried berries,  
blue cheese, green onions, toasted rosemary pecans, herb-mustard  
vinaigrette | \$11/person

### CAESAR SALAD

Crisp romaine hearts, shaved parmesan, grape tomatoes, housemade  
sourdough croutons, Caesar dressing | \$10/person

Add grilled chicken to any salad | \$2

Sandwiches served in convenient boxes. Orders may be plattered for an additional \$1/person.  
10 person min | gluten-free and vegan upon request

[v] vegetarian [gf] gluten free

## HORS D'OEUVRES

MINIMUM OF 20 | \$3.50 ea.

**Bacon-Wrapped Dates**  
**Smoked Salmon Tartar Cucumber Shooter**  
**Tandoori Chicken Skewer with Spicy Mango Chutney**  
**Moroccan Meatballs with Romesco Sauce**  
**Corn Fritters with Herbed Crème Fraiche [v]**  
**Roasted Vegetable Hummus Crostini [v]**

### SPECIALTY DISPLAYS

SERVES 25

**Charcuterie Board** | \$125/display  
includes local and international cheeses, crostini, dried meats, dried fruits, confiture and accompaniments

**Seasonal Fruit Display with Yogurt Dip [v]** | \$80/display

**Seasonal Grilled or Fresh Vegetables with Housemade Hummus [v+gf]** \$80/display

### SIGNATURE SAMMIES

MINIMUM OF 20 | \$4.25 ea.

**Slow Roasted Pulled Pork Sammie**  
**Caprese Sammie [v]**  
**Harvest Chicken Salad Sammie**  
**Salmon Tartar Sammie**  
**Moroccan Meatball Sammie**  
**Ham + Provolone Sammie**  
**Turkey + Swiss Sammie**

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## DESSERT & MISCELLANEOUS

SOLD IN INCREMENTS OF 12

DESSERTS —

**Mini Lemon Curd Cup** w/ Mascarpone Whipped Cream | \$4  
**Ganache Tartlettes** | \$4 each  
**Lemon Tartlettes** | \$4 each  
**Chocolate Cherry Pecan Brownie** | \$1.50 each  
**Sicilian Almond Cookie [gf]** | \$1.50 each  
**Coconut Macaroon** | \$1.50 each  
**Chocolate Chip Cookie** | \$1.50 each  
**Peanut Butter Cookie** | \$1.50 each

DRINKS —

**Ginger Lemonade** | serves 12 | \$24  
**Bottled Water** | \$1.50 each  
**Canned Soda** | \$1.50 each  
**Iced Tea** | serves 12 | \$24  
**Coffee** | serves 12 | \$24  
**Orange Juice** | \$2 each

Disposables (plates, utensils, napkins) are available for \$1/person  
Our disposables are top quality, eco-friendly, and made in the U.S.A.



**FREEDOM**  
A LA CART

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